

# OCTOBER

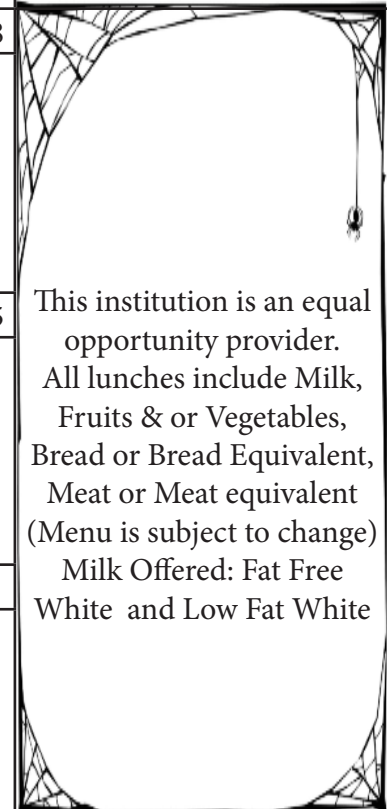


Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Comfort Bowl- Popcorn Chicken with Mashed Potatoes and Corn Applesauce Milk	Pizza Romaine Lettuce Banana Milk	Mini Turkey Corn Dogs Carrots Apple Milk	
7	8	9	10	11
All Beef Chili Dog on a Whole Wheat Bun White Bean Potato Salad 100% Fruit Juice Milk	BBQ Chicken on Whole Wheat Bun Potato Wedges Applesauce Milk	Pizza Romaine Lettuce Banana Milk	Beef and Cheese Taco Carrots Apple Milk	
14	15	16	17	18
BBQ Beef Riblet on a Whole Wheat Bun Baked Beans 100% Fruit Juice Milk	Chicken Tenders Oven Brown Potato Bites Grapes Milk	Pizza Romaine Lettuce Banana Milk	Chicken Parm Sub Carrots Apple Milk	
21	22	23	24	25
Chicken Patty on a Whole Wheat Bun Baked Beans 100% Fruit Juice Milk	Chicken Nuggets Oven Brown Potato Bites Applesauce Milk	Pizza Romaine Lettuce Banana Milk	Walking Taco Carrots Apple Milk	
28	29	30	31	
All Beef Cheeseburger on a Whole Wheat Bun Baked Beans 100% Fruit Juice Milk	All Beef Swedish Meatballs Whole Wheat Roll Mashed Potatoes Applesauce Milk	Pizza Romaine Lettuce Banana Milk	<b>1/2 Day No Lunch</b>	

**MOMENTUM  
ACADEMY  
PRE K**

**LUNCH**

CJ's Catering & Food Service



This institution is an equal opportunity provider. All lunches include Milk, Fruits & or Vegetables, Bread or Bread Equivalent, Meat or Meat equivalent (Menu is subject to change) Milk Offered: Fat Free White and Low Fat White

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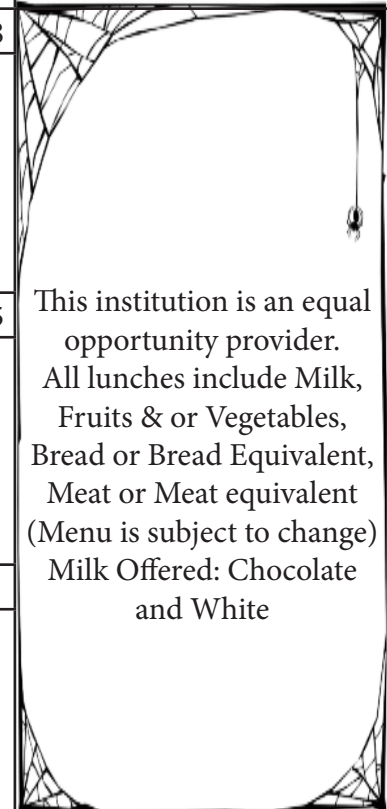


Monday	Tuesday 1	Wednesday 2	Thursday 3	Friday 4
	Comfort Bowl- Popcorn Chicken with Mashed Potatoes and Corn Applesauce Milk	Pizza Romaine Lettuce Banana Milk	Mini Turkey Corn Dogs Carrots Apple Milk	Chicken Alfredo Pasta Whole Wheat Roll Mixed Vegetables 100% Fruit Juice Milk
7	8	9	10	11
All Beef Chili Dog on a Whole Wheat Bun White Bean Potato Salad 100% Fruit Juice Milk	BBQ Chicken on Whole Wheat Bun Potato Wedges Applesauce Milk	Pizza Romaine Lettuce Banana Milk	Beef and Cheese Taco Carrots Apple Milk	Meatball Sub with Marinara Green Beans Mandarin Oranges Milk
14	15	16	17	18
BBQ Beef Riblet on a Whole Wheat Bun Baked Beans 100% Fruit Juice Milk	Chicken Tenders Oven Brown Potato Bites Grapes Milk	Pizza Romaine Lettuce Banana Milk	Chicken Parm Sub Carrots Apple Milk	Chicken and Veggie Rice Bowl Whole Wheat Roll 100% Fruit Juice Milk
21	22	23	24	25
Chicken Patty on a Whole Wheat Bun Baked Beans 100% Fruit Juice Milk	Chicken Nuggets Oven Brown Potato Bites Applesauce Milk	Pizza Romaine Lettuce Banana Milk	Walking Taco Carrots Apple Milk	Cheeseburger Mac Whole Wheat Roll Mixed Vegetables Fresh Cubed Fruit Salad Milk
28	29	30	31	
All Beef Cheeseburger on a Whole Wheat Bun Baked Beans 100% Fruit Juice Milk	All Beef Swedish Meatballs Whole Wheat Roll Mashed Potatoes Applesauce Milk	Pizza Romaine Lettuce Banana Milk	<b>1/2 Day No Lunch</b>	

**MOMENTUM  
ACADEMY**

**LUNCH**

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